CityUniversity in Canada

310-789 West Pender St.
Vancouver, BC V6CIH2
p. 604.689.2489
f. 604.689.0440
1.800.663.7466
CityUniversity.ca

Master of Counselling Program

CityU Prerequisite Boot Camp

City University is excited to offer its Prerequisite Boot Camp for prospective Master of Counselling (MC) students. This intensive program combines core psychological concepts with hands-on experiential learning. Each boot camp course is **designed to meet the MC prerequisite requirements for British Columbia, Alberta and Virtual Campus**, providing a focused and efficient entry pathway for aspiring clinicians.

Key features

- Intensive format
- Each course is offered over 3 Saturdays
- 8:00 am - 7:00 pm MST / 7:00 am – 6:00 pm **PST** (including a 30-minute lunch break, a 30-minute dinner break, & multiple breaks throughout the day)
- Available to MC applicants from across Canada
- Hybrid model; in-person classes in Edmonton Campus/ streaming via Zoom to the rest of Canada
- Courses contain no tests or exams
- Each course has 3 assignments, including two research papers and one group presentation.
- Course activities include lectures, experiential activities, and in-person/virtual group work.
- Tuition is $630 CAD per course, valid to June, 2025.
- From July 1, 2025 to June 30, 2026 tuition will be $696 per course.
- Attendance to all three classes with the camera on is mandatory
- Final grade must be C or higher for the course/courses to be approved to meet the prerequisite(s)

PSY 205 for Lifespan Developmental Psychology

Offered in January, April, July, October

This course provides an introduction to developmental psychology, exploring the psychological growth and changes that occur throughout the human lifespan. Key theories and research on cognitive, emotional, social, and physical development will be examined, with an emphasis on understanding how these developmental processes interact and influence each other.

Required Textbook:
Berger, K. S. (2021). *Invitation to the life span* (5th ed.). Worth Publishers. (9781319423414).
Invitation to the Life Span – City University Canada Bookstore

PSY 330 for Psychology of Learning and Cognition

Offered in February, May, August, November

This course will examine theories of learning and cognition within the field of psychology. Key topics to be addressed include classical conditioning, operant conditioning, cognitive development, attention and perception, memory processes, problem-solving, decision-making, language and thought.

Required Textbook:
Mazur, J. E., & Odum, A. L. (2023). *Learning and behavior* (9th ed.). Routledge. (9781032105642).
Learning and Behavior – City University Canada Bookstore

PSY 335: Psychology of Personality

Offered in March, June, September, December

This course introduces the major theories of personality, which serve as a foundation for much research and practice in psychology. It explores key topics regarding the definition and development of personality, individual and cultural variations in personality, and the practical application of personality research findings.

Required Textbook:
Allen, B. P. (2005). *Personality theories: Development, growth, and diversity* (5th ed.). Taylor & Francis Group. (9780205439126).
Personality Theories – City University Canada Bookstore

Class Schedule

Boot Camp Prerequisite	**PSY 205** – Lifespan Developmental Psychology (3 Quarter Credits)	**PSY 330** - Psychology of Learning and Cognition (3 Quarter Credits)	**PSY 335** – Psychology of Personality (3 Quarter Credits)
Winter Quarter (Jan – Mar)	**January 4, 11, 18,** 2025	**February 1, 8, 22,** 2025	**March 8, 15, 22,** 2025
Spring Quarter (April -June)	**April 5, 12, 26,** 2025	**May 3, 10, 24,** 2025	**June 7, 14, 21,** 2025
Summer Quarter (July-Sept)	**July 5, 12, 19,** 2025	**August 9, 16, 23,** 2025	**September 6, 13, 20,** 2025
Fall Quarter (Oct – Dec)	**October 4, 18, 25,** 2025	**November 8, 15, 22,** 2025	**December 6, 13, 20,** 2025