Master of Counselling Psychology

International Master of Counselling Psychology Students

Pre-Arrival Guide

Welcome to City University in Canada! We are thrilled that you will be joining us soon and hope that you will have a fulfilling, rewarding and enjoyable time at **CityU**.

CityU appreciates the global dimension brought by international students who chose to complete their bachelor's degrees or earn their graduate degrees from **CityU**. Our Vancouver site serves about 350 international students from different parts of the world yearly and enjoy the cultural diversity.

Our Canadian International Student Office recognises your unique needs as interna-tional students, and we are here for you every step of the way. We recommend that you become familiar with the resources and supports services that will assist you with your transition to **CityU**.

The Checklist below will allow you as an international incoming graduate student to see the "big picture" and track what needs to get done.

Use this checklist:

1. **To ensure you complete each step**
2. **To Find pertinent information**
3. **To make sure you complete all the tasks**
4. **To help remember all the micro-tasks you need to be completed**

CityUniversity in Canada

After receiving your Letter of Acceptance (LOA)

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☐ **Read and review carefully all the conditions marked on your LOA** (list the items) Please **contact** your **Enrollment Advisor** if you have questions.

☐ Submit your Official Transcripts including your proof of English Proficiency if you have not already done so.

☐ Check the eligibility to enter Canada: International students should read carefully about the **Travel Restrictions and Exemptions.**

☐ **Apply for the Canadian Study Permit**. A Study Permit is re-quired if you want to study at **CityU**, make sure you have all the documents you need before you apply. **You should apply before you travel to Canada.**

> The study permit is a document we issue that allows **Foreign Nationals** to study at **Designated Learning Institutions (DLIs)** in Canada. Most foreign nationals need a study permit to study in Canada. Make sure you have all the documents you need before you apply. You should apply before you travel to Canada.
> Your Study Permit is not a visa. It doesn't let you enter Canada. You may also need a **Visitor Visa or an Electronic Travel Authorization (eTA).** If the Canadian authorities approve your Study Permit, they will issue one to you with your **Study Permit**.

☐ **Apply to Work as a Co-op Student or Intern in Canada** in addition to the **Canadian Study Permit**. The co-op work permit is a **distinct work permit**, unrelated to the authorization to work part-time that is commonly included in **Canadian Study Permits**. Stu-dents applying for **a Co-op Work Permit** must hold a **valid Study Permit**.

Getting Ready - Before your Travel

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☐ **Complete the Mandatory Online Student Orientation for D2L Brightspace**. D2L Brightspace is CityU's learning management system that provides your classes with an online environment to enhance your experience.

Prepare

☐ Your Itinerary

- Only Book your Flight if you have met all the required conditions
- Verify Travel Restrictions and Exemptions Immigration and Citizenship - Canada.
- Comply with Mandatory Requirements for all travelers before your arrival in Canada.
- Validate the date and time of your flight and your seat assignment and make necessary changes if needed.
- Submit your Travel Itinerary as soon as your travel schedule is confirmed by email to your Enrollment Advisor

Learn About

- **Resources for International Students**
- **Finding Suitable Housing**

Getting Ready before Traveling

☐ Your Travel Documents

☐ Insure you have all the valid documents with you when traveling:

☐ Passport

☐ Letter of Introduction, Study Permit Approval Letter/Study Permit

☐ TRV (visa)/eTA

☐ Proof of funds

☐ Proof of health insurance (medical) coverage*: all the students must be covered under private insurance for the first three months of stay in Canada:*Apply for the Provincial Medical Insurance soon after our arrival.

☐ Flight Itinerary/Airline tickets (Please inform CityU).

☐ CityU Letter of Acceptance

☐ Sealed Official Transcripts (Including Proof of English Proficiency)

☐ All Your Other Important Documents

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After You Arrived in Canada

☐ **Inform** your **Enrollment Advisor** of changes in your address, email, telephone number (local) or any other relevant personal information.

☐ **Apply for** the Provincial Medical Insurance soon after your arrival

☐ Apply for a **Social Insurance Number** (SIN). (To work in Canada or access government programs and benefits, you need a 9-digit number known as a Social Insurance Number or SIN

☐ Get familiar with the CityU email and check it frequently.

☐ Attend the **Mandatory New Student Orientation**.

☐ Pay your tuition to CityU before the deadline of each term.

☐ Check Student Help Center for more technical support.

Once again, Welcome to Our CityU Community of Learners!

CityUniversity in Canada